

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Cara Lourens

Has successfully participated & completed the

50km Aardwolf Ezemvelo MTB Challenge 2019

held at Ezemvelo Nature Reserve.

**TIME** 02:34:48

**PACE** 19.38km/h

**OVERALL** 47 of 139

**GENDER** 7 of 32

VETERAN 2 of 13

19 October 2019, Sat

Date





Signature

